

QUESTIONS/CONCERNS PLEASE CALL THE SCHOOL AT (801) 530-0001

FOR EMERGENCY RESPONSE

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PRECARE FOR MICRONEEDLING

- Do not wax the treatment area for 2 weeks prior treatment
- Please allow 4 weeks after chemical exfoliation, or 2 weeks after microdermabrasion treatment
- Use of any topical retinoids or topical acne medications must be stopped 3-7 days prior to treatment and 3-7 after, depending on strength of product using. Please discuss skincare products with instructor.
- If you have an autoimmune disorder, please obtain clearance from your physician before scheduling
- There may be no open wounds or lesions on the treatment area
- If you suffer from cold sores, you must be on a prescription antiviral 3 days prior treatment (then continue 2 days after)
- Any injections or fillers must have a wait period of at least 4 weeks before treatment
- Any recent plastic surgery on or around treatment area must be pre-approved by a physician
- If taking accutane, last dose must be 1 year or more prior treatment.
- If you have been out in the sun (sunburn), please allow 2 weeks for healing before treatment
- The following are contraindications for this treatment:
 - Keloid Scars
 - History of Eczema
 - Blood Clotting Problems
 - Presence of Raised Moles
 - Active Bacterial/Fungal Infections
 - Psoriasis
 - Actinic Keratosis
 - Scleroderma
 - Warts on Targeted Area
 - Scars Less Than 6 Months Old
 - Herpes Simplex
 - History of Diabetes
 - Immune-Suppression
 - Pregnant or Nursing
 - Collagen Vascular Diseases or Cardiac Abnormalities

AFTERCARE FOR MICRONEEDLING

- Treat your skin gently for the next 3 days, using gentle cleansers and hydrating serums and creams. Do not use any active products during this initial healing phase. On day 4, you may resume your regular routine.
- The skin will be red and flushed in appearance in a similar way to moderate sunburn, this is normal.
- You may experience skin tightness and mild sensitivity to touch on the area that was treated
- Redness will diminish greatly after a few hours post treatment and within 24 hours the skin will be generally calm.
- After 3 days, the skin will return to normal
- Avoid sweaty exercise and sun exposure between 1-3 days.
- Sunscreen is recommended every 2 hours.
- Chemical exfoliation must wait at least 4 weeks after treatment.