

skincare consultation

CLIENT NAME _____ DATE _____

CLIENTS AGE: 12-18 19-24 25-32 32-36 37-42 43-55 55+

QUESTIONS FOR CLIENT (VERBAL):

How does your skin feel today? _____

What is your skin care routine? _____

What was your skin like at adolescence? _____

In case of acne/sensitivity is it normal or at its best /worst today? _____

How soon after you wash your face does your skin feel oily or dry? _____

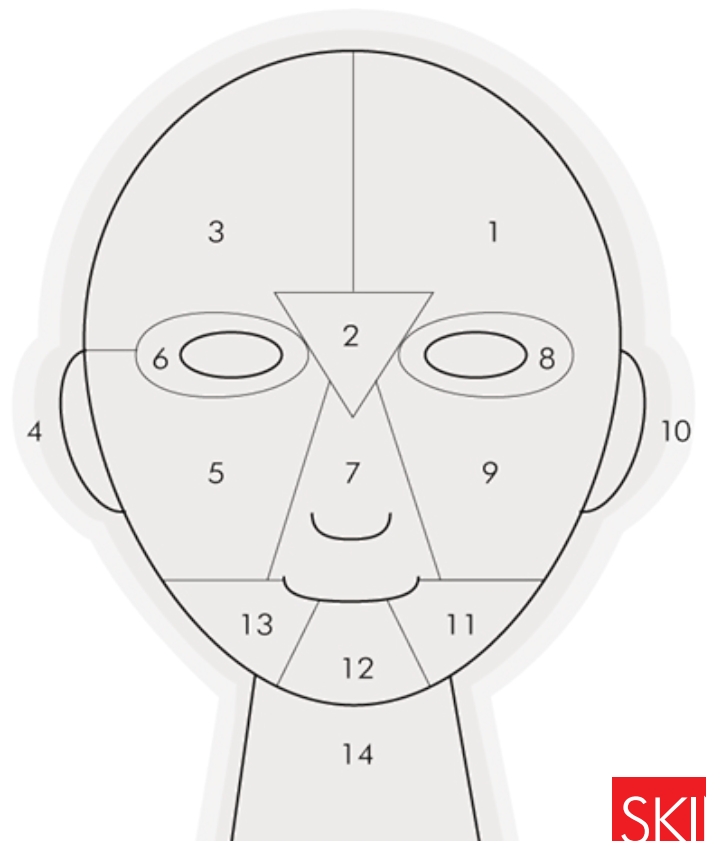
Reason for your facial today? _____

Extra Concerns _____

Conclusion _____

face mapping key

- S = Sensitivity/Redness
- DC = Dilated Capillaries/ Telangiectasia
- C = Comedones
- O = Oil Production
- PS= Pustule
- P= Papule
- M= Milia
- HR = Hyper-Pigmentation
- HO= Hypo-Pigmentation
- PIH = Post Inflammatory Hyper-pigmentation
or Post Acne Scarring



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HYDRO-LIPID FILM	Very Low	Lacking	Natural	W/Product		
	<i>If no Hydro-lipid film is present, why?</i>					
TEXTURE	Smooth Flakey Dewy	Supple Coarse Taut	Even Dry Thick	Rough Bumpy		
	<i>Describe what it feels like. If the texture is uneven/rough then cellular metabolism is slow and client needs a good exfoliation.</i>					
EPIDERMAL HYDRATION	Very Low	Lacking	Optimal			
	<i>Look for ripples & superficial lines, and crepe paper texture in the skin</i>					
ELASTICITY	Normal Elastic	Firm	Atrophied/Elastosis	Flexible		
	<i>Look for ripples & superficial lines, crepe paper texture in the skin</i>					
PORE SIZE	Invisible	Small	Medium	Large	Combination	
LESIONS	Hyper-Pigmentation Folliculitis Pustules	Hypo-Pigmentation Milia Comedones	Fine/Deep Lines PIH/PAS Dermatitis	Macule Papules Angioma		
SEBACEOUS ACTIVITY	Underactive	Normal	Overactive	Combination	Acne	
	<i>How much oil/lesions are present as a result of sebaceous activity?</i>					
VASCULAR ACTIVITY	Restricted/Dull & Shallow Hyperemia/Erythema		Telangiectasia Normal/Even Color	Rosacea		
FITZPATRICK SCALE	1	2	3	4	5	6
SENSITIVITY	To Products		To Touch	To Environmental		
	<i>Where is it sensitive? Are there allergies? If yes, the barrier function is unbalanced (pH imbalance)</i>					