

# DAYTIME BASIC SEGMENT A

## introduction to basics

### WEEK 1

THEORY: CH 5 (F) INFECTION CONTROL  
PRACTICAL: MANICURES & PEDICURES  
THEORY: CH 3 (E) PHYSIOLOGY & HISTOLOGY

### WEEK 2

PRACTICAL: EUROPEAN FACIALS, LUXURY FACIALS, EXPRESS FACIALS  
DUE: DERMALOGICA PROJECT, CH 5 (F) INFECTION CONTROL, CH 3 (E) PHYSIOLOGY & HISTOLOGY  
TEST: CH 5 (F) INFECTION CONTROL RULES & REGULATIONS  
PROSPER U: CH 1 LEGENDARY CUSTOMER SERVICE

### WEEK 3

THEORY: CH 5 (E) SKIN ANALYSIS  
CH 11 (E) HAIR REMOVAL  
PRACTICAL: WAXING & TINTING  
DUE: CH 5 (E) SKIN ANALYSIS, CH 11 (E) HAIR REMOVAL & SKIN DIAGRAM  
TEST: CH 3 (E) PHYSIOLOGY & HISTOLOGY  
PROSPER U: CLIENT VALUE STREAM, BEFORE THE SERVICE & DURING THE SERVICE

(F) = FOUNDATIONS TEXTBOOK  
(E) = ESTHETICS FUNDAMENTALS

## practical segment

### WEEK 4

THEORY: CH 2 (E) ANATOMY  
PRACTICAL: BACK TREATMENTS & SALT GLOWS  
DUE: CH 2 (E) ANATOMY, ANATOMY PROJECT  
TEST: CH 5 (E) SKIN ANALYSIS  
PROSPER U: CLIENT VALUE STREAM, AFTER THE SERVICE

### WEEK 5

THEORY: CH 10 (E) FACIAL MACHINES  
PRACTICAL: HOT STONE & LUXURY PEDICURES  
DUE: CH 1 (E) CAREER & HISTORY, CH 10 (E) FACIAL DEVICES  
PROSPER U: MONEY MATTERS

### WEEK 6

THEORY: CH 4 (E) DISEASES & DISORDERS  
PRACTICAL: ELECTRICAL FACIALS - HIGH FREQUENCY AND ULTRASONIC, EYE TREATMENTS  
DUE: ACNE PROJECT, CH 4 (E) DISEASES & DISORDERS, CH 7 (E) THE TREATMENT ROOMS  
TEST: CH 2 (E) ANATOMY WITH DIAGRAMS  
PROSPER U: ATTRACTING YOUR IDEAL CLIENT

## practical continued

### WEEK 7

THEORY: CH 6 (E) SKIN CARE PRODUCTS  
PRACTICAL: SPECIALTY FACIALS  
DUE: INGREDIENT PROJECT, CH 6 (E) SKIN CARE PRODUCTS, CH 8 (E) FACIAL TREATMENTS  
TEST: CH 4 (E) DISEASES & DISORDERS  
PROSPER U: MAXIMIZING YOUR AVERAGE TICKET

### WEEK 8

THEORY: CH 9 (E) FACIAL MASSAGE & MIDTERM REVIEW  
PRACTICAL: HOT STONE FACIALS, COOLING EYE TREATMENT  
DUE: CH 9 (E) FACIAL MASSAGE  
TEST: CH 6 (E) SKIN CARE PRODUCTS  
PROSPER U: RETAINING LOYAL CLIENTS

### WEEK 9

THEORY: LASH THEORY  
PRACTICAL: DEMO FULL SET EXTENSION, BROW LAMINATION & LASH LIFT  
TEST: MIDTERM

## spa segment

### START OF SEGMENT B

### WEEK 1-3

PRACTICAL: SPA APPOINTMENTS, SCHEDULE YOUR CLIENTS FOR EYELASH EXTENSIONS, BROW LAMINATION & LASH LIFTS

### WEEK 4

THEORY: CH 13 (E) ADVANCED TOPICS  
DUE: DREAM SPA PROJECT, CH 2 (F) PROFESSIONAL IMAGE, CH 13 (E) ADVANCED TOPICS

### WEEK 5

THEORY: CH 6 (F) CHEMISTRY  
DUE: CH 6 (F) CHEMISTRY  
TEST: CH 13 (E) ADVANCED TOPICS

### WEEK 6

THEORY: CH 7 (F) ELECTRICITY  
DUE: CH 7 (F) ELECTRICITY, CH 8 (F) CAREER PLANNING  
TEST: CH 6 (F) CHEMISTRY

### WEEK 7

THEORY: CH 4 (F) HEALTHY PROFESSIONAL HOLISTIC PROJECT, CH 1 (F) LIFE SKILLS, CH 4 (F) HEALTHY PROFESSIONAL  
DUE: CH 7 (F) ELECTRICITY  
TEST: CH 4 (F) HEALTHY PROFESSIONAL

### WEEK 8

THEORY: FINAL REVIEW  
DUE: CH 10 (F) THE BEAUTY BUSINESS, CH 9 (F) ON THE JOB  
TEST: CH 4 (F) HEALTHY PROFESSIONAL

### WEEK 9

DUE: PORTFOLIO & PASS OFFS  
TEST: BASICS FINAL