microneedling

MICRONEEDLING
PRE & AFTERCARE SHEET

QUESTIONS/CONCERNS PLEASE CALL THE SCHOOL AT (801) 530-0001

FOR EMERGENCY RESPONSE

Natalie Parkin, Skinworks Owner (801) 414-7551
Tessa Linford, Medical Director (801) 706-7710

CONTRAINDICATIONS:

- Open wounds or lesions in treatment area
- Auto immune disorders, please obtain a written clearance from your physician before scheduling
- Recent facial injections. Must wait 4 weeks post injections.
- Any recent plastic surgery on or around treatment area must be pre-approved by a physician.
- Accutane. Must discontinue use for one year prior.
- Sunburn. Please allow 2 weeks for skin to prior to treatment.
- Keloid scars
- History of eczema
- Psoriasis
- Actinic Keratosis
- Herpes simplex
- History of diabetes
- Presence or raised moles
- Warts on targeted area
- Scleroderma
- Collagen vascular diseases or cardiac abnormalities
- Blood clotting problems
- Active bacterial/fungal infections
- Immune suppression
- Scars less than 6 months old
- Pregnant or nursing

PRECARE FOR MICRONEEDLING

- Do not wax the treatment area for 2 weeks prior
- Please allow 4 weeks after chemical exfoliation, or 2 weeks after microdermabrasion treatment
- Use of any topical retinoids or topical acne medications must be 14 days prior to treatment and 14 after, depending on strength of product used. Please discuss skincare products with Instructor.
- If you suffer from cold sores, you must be on a prescription antiviral 3 days prior treatment (then continue 2 days after)

AFTERCARE FOR MICRONEEDLING

- Treat your skin gently for the next 3 days, using gentle cleansers and hydrating serums and creams. Do not use any active products during this initial healing phase. On day 4, you may resume your regular routine.

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- The skin will be red and flushed in appearance in a similar way to moderate sunburn, this is normal.
- You may experience skin tightness and mild sensitivity to touch on the area that was treated.
- Redness will diminish greatly after a few hours post treatment and within 24 hours the skin will be generally calm. After 3 days, the skin will return to normal.
- Avoid sweaty exercise and sun exposure between 1-3 days.
- Sunscreen is recommended every 2 hours.
- Chemical exfoliation must wait at least 4 weeks after treatment.