waxing

WAXING
PRE & AFTERCARE SHEET

QUESTIONS/CONCERNS PLEASE CALL THE SCHOOL AT (801) 530-0001

FOR EMERGENCY RESPONSE

Natalie Parkin, Skinworks Owner (801) 414-7551

CONTRAINDICATIONS

- Accutane must be discontinued for at least 6 months.
- Acne medication (Differin, Retin-A) must be discontinued for at least 2 weeks.
- Skin sensitizing medications (topical and oral) such as antibiotics must be discontinued for 10-14 days prior to appointment.
- Hair must be ½ inch. If it is too short, the wax will be unable to grab ahold of the hair for proper removal.
- Sunburn. Please allow one week for skin to heal properly prior to waxing.
- Facial within the last 5 days (facial waxing only)

PRECARE FOR WAXING

- Do not shave or exfoliate the day of the treatment.
- Schedule pedicures 48 hours apart from waxing to minimize risk of reactions. Schedule waxing appointments 7 days prior to active chemical exfoliation or microdermabrasion, 14 days prior for sensitive skin.
- Avoid sensitizing products with artificial fragrances, harsh preservatives, and dyes.
- If you have a history of immune dysfunction, resistant bacterial infections or extreme ingrown hair, please get approval from your medical professional prior to appointment.
- Please arrive freshly showered for all waxing appointments.

AFTERCARE FOR WAXING

- No hot tub, sauna or swimming pool 48 hours after waxing.
- Avoid sunlight – light exposure without sunscreen will result in undesirable pigmentation (freckles and patches)
- Be gentle with your skin. Do not receive any advanced exfoliation service within the next 7 days.
- Focus on moisture and barrier protection, with items like barrier repair or a light moisturizer.
- Do not re-wax over treated area for 5-7 days, or 14 days for sensitive skin.
- Avoid products with artificial fragrance and dyes.
- When receiving a brazilian wax, avoid sexual contact for 48 hours after waxing.
- After 48 hours, you may use a gentle AHA or manual exfoliant to prevent ingrown hairs. Continue exfoliating 2-3 times a week.
- If you have any questions or concerns about anything whatsoever, please feel free to call us so we can assist you at the telephone numbers provided above.
- Apply SPF 30+ every 2 hours for the first 48 hours, even if you do not plan on being in the sun.